|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 5/31Off   | 6/1Lagoon Valley Running through the hills  | 6/2Rockville running through the hills | 6/3Off  | 6/4Rod TrackSplit Run  | 6/5Benicia ST ParkLong Run  |
| 6/7Off  | 6/8Nelda Mundy Split Run  | 6/9 Practice Time Change 5:30!Benicia Comm Park Hill Workout.  | 6/10Rockville easy run through Hills. |  6/11Rod Track Fartlek \*Mandatory Parent Meeting at conclusion of practice.  | 6/12Lagoon Valley Long Run |

***ALL WEEKDAY PRACTICES WILL BE 3:45 FOR THE DURATION OF THE SCHOOL YEAR! SATURDAY PRACTICE WILL BE AT 9 AM.***

Nelda Mundy: 570 Vintage Valley Dr, meet at the basketball courts in front of school.

Benicia Comm Park: 540 Rose Dr, meet in parking lot.

B Gale Wilson: 3301 Cherry Hills Court

Rockville: 2006-2032 Rockville rd

Lagoon Valley: 1 Pena Adobe Rd, Vacaville, Meet in large parking lot adjacent to dog park.

Benicia St Park: 1385 W K Street. We will meet/park at this spot and run into the State Park. THIS IS NOT BENICIA COMMUNITY PARK THAT WE GO TO OFTEN!